

# Chipotle Chicken Taco Salad

By: Joe Immordino



## Ingredients

### Dressing:

- 1/3 cup chopped fresh cilantro
- 2/3 cup light sour cream
- 1 tablespoon minced chipotle chile, canned in adobo sauce
- 1 teaspoon ground cumin
- 1 teaspoon chili powder
- 4 teaspoons fresh lime juice
- 1/4 teaspoon salt

### Salad:

- 4 cups shredded romaine lettuce
- 2 cups chopped breaded fully cooked chicken tenders (broiled chicken breast can be substituted)
- 1 cup cherry tomatoes, halved
- 1/2 cup diced peeled avocado
- 1/3 cup thinly vertically sliced red onion
- 1 (15-ounce) can black beans, rinsed and drained
- 1 (8 3/4-ounce) can no-salt-added whole-kernel corn, rinsed and drained

To prepare dressing, combine first 7 ingredients, stirring well.

Combine all salad makings, when ready to serve, mix dressing with the salad, and toss until well covered.